

## **CERTIFICATE**

## OF PARTICIPATION

This is to certify that

## Frida Mlati

Has successfully participated & completed the

10km SA Run 4 Cancer Ultra Marathon 2019

held at Polokwane Rugby Fields.

**TIME** 01:40:57

**PACE** 10:04/km

**OVERALL** 599 of 765

26 October 2019, Sat

Date

**GENDER** 347 of

454

**40+** 76 of 104

Bout Time

Signature